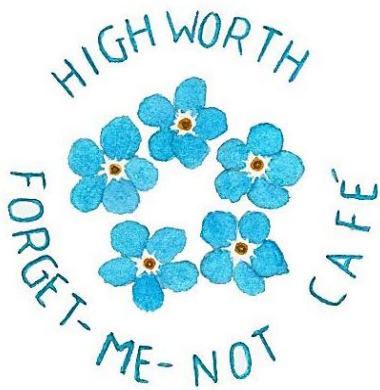


New Activities starting Spring



Highworth Forget-Me-Not Cafe

On the first Thursday afternoon of every month, starting Thursday 6th February, 2.30-4pm at the Community Council Room, Gilbert's Lane.

Drop in for Tea, Coffee, Cake, Company & Support



Monthly Lydiard Park Walks

Starting Friday 6th March, 10.30am-12. Then running the 1st Friday of every month. Meet outside the Forest Café, Lydiard Park.

Guided relaxed dementia friendly walk for all abilities in beautiful Lydiard Park.

Wheelchair friendly route available. Contact: susan.lambert@swindon.gov.uk
NB: People living with dementia need to be accompanied on these walks.



Musical Memories Stratton

Starting Wednesday 8th April, then running every fortnight. 10.30am-12pm

Meadowcroft Community Centre, Addison Crescent, Upper Stratton, SN2 7JX.

Free Dementia Friendly Singing group, Carers & companions welcome.

Booking essential:

susan.lambert@swindon.gov.uk

07980 933636